

Basic Report 35085, Whale, bowhead, subcutaneous fat (blubber) (Alaska Native)

Report Date: May 30, 2017 23:56 EDT

Nutrient values and weights are for edible portion.

| Nutrient                    | Unit | 1<br>Value<br>Per100 g |
|-----------------------------|------|------------------------|
| Proximates                  |      |                        |
| Water                       | g    | 2.90                   |
| Energy                      | kcal | 870                    |
| Protein                     | g    | 0.40                   |
| Total lipid (fat)           | g    | 96.50                  |
| Carbohydrate, by difference | g    | 0.00                   |
| Minerals                    |      |                        |
| Iron, Fe                    | mg   | 0.50                   |
| Phosphorus, P               | mg   | 5                      |
| Vitamins                    |      |                        |
| Lipids                      |      |                        |
| Cholesterol                 | mg   | 150                    |
| Amino Acids                 |      |                        |
| Other                       |      |                        |